



14th IC BEN Congress on Noise as a Public Health Problem



Are Urban Areas in Indonesia Noisy? Nope! A satirical statement

Christina E. Mediastika¹, Ressay J. Yanti², Anugrah S. Sudarsono³, Sentagi S. Utami², Isnen Fitri⁴, Rizka Drastiani⁵, MI Ririk Winandari⁶, Akbar Rahman⁷, Asniawaty Kusno⁸, NW Meidayanti Mustika⁹, Yuliana B. Mberu¹⁰, Zulfi A. Rachman²

¹ Department of Architecture, Universitas Ciputra Surabaya, Indonesia

² Department of Physics Engineering, Universitas Gadjah Mada, Indonesia

³ Kelompok Keahlian Fisika Bangunan, Institut Teknologi Bandung, Indonesia

⁴ Department of Architecture, Universitas Sumatera Utara, Indonesia

⁵ Department of Architecture, Universitas Sriwijaya, Indonesia

⁶ Department of Architecture, Universitas Trisakti, Indonesia

⁷ Department of Architecture, Universitas Lambung Mangkurat, Indonesia

⁸ Department of Architecture, Universitas Hasanuddin, Indonesia

⁹ Department of Architecture, Universitas Warmadewa, Indonesia

¹⁰ Department of Architecture, Universitas Katolik Widya Mandira, Indonesia

Corresponding author's e-mail address: eviutami@ciputra.ac.id

ABSTRACT

Those living in developed countries, where many things are in good order, will immediately judge that Indonesia has bustling urban areas. Interestingly, previous studies have shown that noisy environments do not affect Indonesian society. However, the trend of psychiatric symptoms in Indonesian society has increased, with Indonesians becoming more emotional than usual, causing community strife, fights, and similar incidents. The study aims to report the noise levels of cities in Indonesia against data on strife, fights, and brawls to indicate a change in the community's emotional tension. This study collected primary and secondary data. A series of sound pressure level measurements in 30 of the most visited public places in ten major cities in Indonesia was conducted to ascertain the noise level. Data on community strife, fights, and brawls were collected as secondary data in quantitative (from the Indonesia Statistics Center) and qualitative (from online news portals) modes. The study concluded that noise levels in Indonesian cities are above the current standard and that fights, brawls, and crimes against public order tend to increase over time. The cause of these incidents was, in most cases, trivial. It is still a question whether the findings of this study will change the perception of Indonesians towards noise or continue to perceive noisy Indonesia as an enjoyable environment, which places the majority (those who like to be involved in noisy environments) and the minority (those who perceive noise as a nuisance) as victims of perpetual noise.

Keywords: Urban Area, City, Noisy, Community, Strife, Fights, Noise Victim

INTRODUCTION

Environmental noise, especially traffic noise, has been a significant problem affecting human health and well-being worldwide for many years. The World Health Organization (WHO) confirms that noise, whether by traffic or other sources (construction, business, and industrial areas), is the second most significant environmental cause of health problems after particulate pollution [1]. Unfortunately, only a few countries are prepared for this long-term problem. In developed countries, citizens' awareness of noise hazards is high. It triggers the authority to put effort into regulating noise, updating the regulation occasionally, and accommodating and solving noise complaints [2]. Even so, many developed countries struggle to overcome the noise problem. The data indicate that policy or regulatory objectives regarding environmental noise have yet to be achieved. If even developed countries are experiencing complexity in enforcing noise laws, then the situation in developing countries is certainly not much better. In 1999, Sheikh stated that noise is a constant issue in many developing countries [3]. That was over two decades ago, but today's conditions are not much different [4-9]. The persistent noisy conditions in these countries can be inferred due to a lack of awareness of the long-term impacts of noise [8-9], minimal legislation, and indifferent citizens [10-14].

Studying the possible correlation between the lack of awareness, lax rules, and society's indifference to noise will be interesting. These three aspects develop a vicious circle of noise in Indonesia. Although the WHO, supported by many studies, stated that noise affects health [1,15-17]. However, because noise takes time to affect one's physical health and even longer for the impact on mental health to manifest, it is a challenge to educate Indonesian society to be more attentive to noise. While the physical defects caused by noise are much easier to detect and measure, it is not easy to quantify the mental effects. Once, a study showed no direct relationship between environmental noise and mental health. However, it stated that symptoms of anxiety and depression seemed to be more common in people living around high noise levels, in this case, a large airport, than those living further away [18]. Years later, it is still difficult to provide high-quality evidence on a direct correlation between noise and mental health [19-20]. Higher noise exposure was indirectly associated with worse mental health, but more noise nuisance was associated with less social cohesion and poorer mental health [21]. However, recent studies have found consistent evidence of the negative impacts of environmental noise on mental health [22]. This study can be relied upon because it substantiates earlier studies with large-scale longitudinal data sets, which were processed with a robust analytical approach.

Nonetheless, this research is not intended to investigate the effect of noise on severe mental disorders as previously studied but to present data on more uncomplicated psychiatric symptoms, such as anger and high emotionality. Anger elicits the likelihood to aggress [23], and aggressive behaviour, such as fighting, occurs in anger and high emotionality [24]. It would be too naive to say that the strife and fights in the community are caused only by noise. However, since there is evidence that noise plays a vital role in one's mental symptoms, it is possible that noise also affects their emotions, leading to anger. An earlier study has shown that noise triggers quarrels, strife, and fights between community members and between community members and authorities [2]. This study aims to report current urban noise levels in Indonesia and data on fights, brawls and crimes against public order in Indonesian society to serve as a reference for further studies to investigate possible correlations between the two by using a more related subject approach.

METHODS

The study was conducted by collecting primary and secondary data both quantitatively and qualitatively. The sound environment in Indonesia is represented by the sound pressure level (SPL) of public places in ten major cities - namely, Medan, Palembang, Jakarta,

Bandung, Yogyakarta, Surabaya, Banjarmasin, Makassar, Denpasar and Kupang. These are the capitals of the Provinces covering western to eastern Indonesia - namely, North Sumatra, South Sumatra, the Special Capital Region, West Java, the Special Region of Yogyakarta, East Java, South Kalimantan, South Sulawesi, Bali, and East Nusa Tenggara, respectively. Based on Carr's classification [25], public places in each city were selected, and the SPL was collected at the city's three most visited public places. It was measured at three to five points in each public place based on area size and variations in activity, resulting in sound variations (Table 1). At each measurement point, SPL was measured for 10 minutes using a class 2 sound level meter connected to the Soundlab software, which was then processed as $L_{eq, 10 \text{ min}}$. The L_{eq} will be compared with the current noise standard in Indonesia, namely the Decree of the Ministry of the Environment (Bahasa Indonesia: Keputusan Menteri Negara Lingkungan Hidup) number 48 dated 1996 [26].

Table 1: Thirty most visited public places in ten major cities in Indonesia and number of SPL measurement points.

	Cities	The three most visited public places		
1	Medan	Taman Merdeka (5)	Taman Sri Deli (5)	Taman Teladan (5)
2	Palembang	Plaza Benteng Kuto Besak (5)	Kolam dan Taman Kambang Iwak Besak (5)	Pedestrian Sudirman (5)
3	Jakarta	Lapangan Monas (3)	Lapangan Banteng (3)	Gelora Bung Karno (3)
4	Bandung	Alun-alun Bandung (3)	Jalan Braga (3)	Taman Vanda-Badak (3)
5	Yogyakarta	Malioboro (3)	Tugu (3)	Alun-alun Kidul (3)
6	Surabaya	Taman Bungkul (5)	Tunjungan Plaza (4)	Taman Flora (3)
7	Banjarmasin	Ruang Terbuka Siring Tendean (4)	Pasar Terapung Kuin Utara (3)	Taman Kamboja (3)
8	Makassar	Pantai Losari (3)	Lapangan Karebosi (3)	Center Point of Indonesia (4)
9	Denpasar	Lapangan Niti Mandala Renon (4)	Lapangan I Gusti Ngurah Made Agung (3)	Taman Kota Denpasar (Lumintang) (3)
10	Kupang	Taman Nostalgia (4)	Pantai Tedis or Tedys (3)	Bundaran Tirosa (4)

Meanwhile, data on the possible effect of noise on society was collected from the annual report, namely "Crime Statistics" by the Central Bureau of Statistics (Bahasa Indonesia: Badan Pusat Statistik Indonesia). The data collection focused on community strife (Bahasa Indonesia: perselisihan), fights (Bahasa Indonesia: perkelahian), and brawls (Bahasa Indonesia: tawuran). These terms are used because they are directly evoked by increased emotional tension [23-24,27]. Data on criminal cases or crime rates were disregarded because many factors, instead of emotional ones, trigger criminal actions. The causes of emotional-based actions in society were investigated using Indonesia's leading online news portals as they detail strife, fights and brawls in society, sometimes even revealing the root causes. Specific keywords in Bahasa Indonesia were entered into the Google search engine to collect data from online news portals. The keywords are quarrels (Bahasa Indonesia: pertengkaran), strife, fights, and brawls. All results were aggregated by scrolling until the message "In order to show you the most relevant results, we have omitted some entries very similar to the ... (number of entries) already displayed. If you like, you can repeat your search by including omitted results" was displayed. Often, the "repeat search with include omitted results" message was clicked on to ensure that all relevant entries were collected even if the entries provided were all irrelevant. Multiple entries were possible, but errors in collecting entries, such as duplicates, unrelated cases, etc., were minimised by careful inspection.

RESULTS AND DISCUSSION

The noise level of the most visited public places in ten major cities has been measured to describe the sound environment of Indonesia. The data shows that Indonesia remains noisy, as described in 2007 [28]. It may even be noisier than in 2007 because the use of motorised vehicles is getting heavier [29-30]. The presentation of SPL statistics in Figure 1 shows that noise levels in 30 public places in ten major cities are all above the current standard for open places (50 dBA) and public facilities (60 dBA)[26]. On several occasions in several public places, the SPL was even more than 70 dBA which Excel calculated as the trend of the entire data. Kupang, Yogyakarta, Makassar, and Palembang are cities where noise levels in public areas have reached over 80 dBA on several occasions. Noise sources mainly come from human activities in public places and the surrounding traffic noise [9]. However, it is interesting that most Indonesians visit public places to involve communal yet noisy activities (Figure2)[9]. Thus, it is understood that high noise levels are not a problem as they contribute to creating and enjoying noise simultaneously. It is a unique condition that may only be found in developing countries, Indonesia in particular.

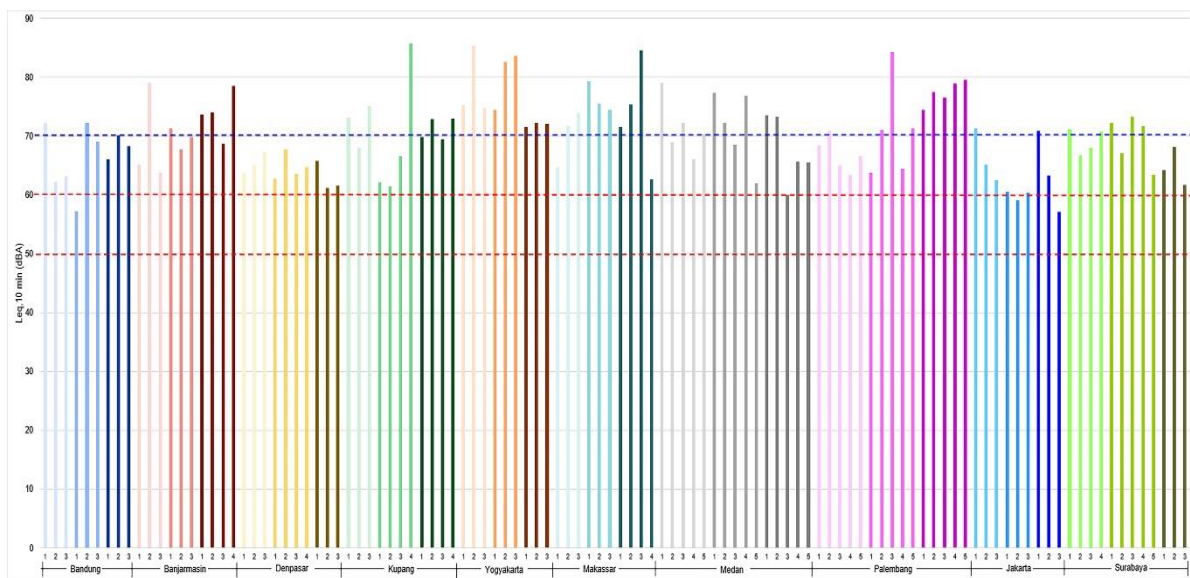


Figure 1: SPL at the 30 most visited public places in ten major cities in Indonesia



Figure 2: Snapshots of communal activities enjoyed by Indonesians in public places. (A) Aerobics community in Alun-alun Selatan, Yogyakarta, (B) sporting community in Taman Merdeka, Medan, (C) children and parents in Taman Flora, Surabaya, and (D) youth gathered at night in Lapangan I G Ngurah Made Agung, Denpasar [31].

Nonetheless, when noise is above standard and many studies have shown that high noise levels trigger various physical and mental health issues [1,15-17,22], it is wise for the Indonesian authorities to consider noise a severe problem. The quantitative data from the Central Bureau of Statistics shows that societal fights have increased over time (Figure 3) [32]. An exception occurred in 2021, allegedly due to the Covid-19 pandemic when people's mobility was minimal. Apart from fight data, the Bureau also reports data on crimes against public order, which shows a similar trend with a decline in 2021 (Figure 4). According to Indonesian Law, crimes that are categorised 'against public order' are (1) desecration of the national flag, national anthem, and national symbol, (2) using bad words against the Government, (3) using bad words against certain groups, and (4) public incitement of hatred [32]. In response to an era when people use social media to express their feelings, including posting hateful words to show their disapproval, dislike, or anger, the Indonesian Government enforced a law of Electronic Information and Transactions (Bahasa Indonesia: UU ITE) in 2008. There has been an increase in legal cases brought to court by this law from 2008 to 2019, totalling 285 cases [33].



Figure 3: Fights and brawls in Indonesian society, as reported by the Central Bureau of Statistics [32]

Qualitative data collected from online news portals (detik.com | kompas.com | okezone.com | antaranews.com | cnnindonesia.com | tribunenews.com | liputan6.com | sindonews.com) shows that the causes of societal strife and fights were mostly as simple as, getting angry at being honked, accidentally being grazed by another motorist, parking vehicles on an inappropriate space, misunderstanding, misinformation, jokes that end in ridicule, girlfriend/boyfriend affairs, and many other things that can be considered trivial (Figure 5).

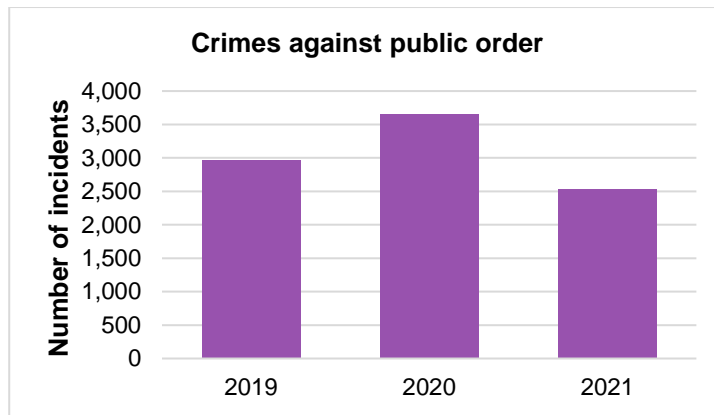


Figure 4: Crimes against public order, as reported by the Central Bureau of Statistics [32]



Figure 5: Footage of fights on streets sparked by anger. (A) Anger at being honked, (B) being grazed by another motorist, (C) being suddenly cut off by another car, and (D) a youth brawl due to miscommunication at a parking lot.

CONCLUSION

The study reports that the noise level in ten major cities in Indonesia, represented by the 30 most visited public places, is high. However, the noisy environment is enjoyed by most Indonesians because they enjoy being involved in communal activities. High noise levels are ignored as they contribute to creating and enjoying noise at the same time. The noise levels recorded in this study were all above the current noise level standard in public places. There is not enough evidence to conclude that high noise levels directly correlate with strife, fights, brawls, and crimes against public order in society. However, the data shows a trend of increasing incidents over time. This initial finding shall trigger the Indonesian authority and community to work hand in hand to be attentive to noise issues to promote a healthier sound environment instead of placing the majority (those who like to be involved in noisy environments) and the minority (those who perceive noise as a nuisance) as victims of perpetual noise. Further studies from more related subjects are recommended to investigate the possible association between high noise levels and the increased trend of fighting and brawling in society.

Acknowledgements

The authors would like to thank for funding from the Ministry of Education, Culture, Research and Technology of the Republic of Indonesia under the scheme of Penelitian Dasar (Hibah Kompetitif Nasional) year 2021.

REFERENCES

- [1] Peris E. Noise pollution is a major problem, both for human health and the environment. EEA Newsletter. Interview published in the March 2020 issue of the EEA Newsletter 01/2020. 20 March 2020. Available at <https://www.eea.europa.eu/articles/noise-pollution-is-a-major>
- [2] Mediastika CE, Sudarsono AS, Utami SS, Fitri I, Drastiani R, Winandari MR, Rahman A, Kusno A, Mustika NM, Mberu YB, Yanti RJ. Noise in Indonesian urban areas: rules and facts. *Journal of Architecture and Urbanism* 2022 Aug 22;46(1):68-82. Available at <https://journals.vilniustech.lt/index.php/JAU/article/view/16367/11309>
- [3] Shaikh GH. Occupational noise exposure limits for developing countries. *Applied Acoustics* 1999; 57(1), 89–92. Available at [https://doi.org/10.1016/S0003-682X\(98\)00038-3](https://doi.org/10.1016/S0003-682X(98)00038-3)
- [4] Shaaban K, Abouzaid A. Assessment of traffic noise near schools in a developing country. *Transportation Research Procedia* 2021; 55, 1202-1207. Available at <https://doi.org/10.1016/j.trpro.2021.07.100>
- [5] Rendón J, Gómez DM, Colorado HA. Useful tools for integrating noise maps about noises other than those of transport, infrastructures, and industrial plants in developing countries: Casework of the Aburra Valley, Colombia. *Journal of Environmental Management* 2022 Jul 1;313:114953. Available at <https://doi.org/10.1016/j.jenvman.2022.114953>
- [6] Zambrano-Monserrate MA, Ruano MA. Does environmental noise affect housing rental prices in developing countries? Evidence from Ecuador. *Land Use Policy* 2019 Sep 1;87:104059. Available at <https://doi.org/10.1016/j.landusepol.2019.104059>
- [7] Baqar M, Arslan M, Abbasi SA, Ashraf U, Khalid A, Zahid H. Noise pollution in the hospital environment of a developing country: A case study of Lahore (Pakistan). *Archives of Environmental & Occupational Health* 2018 Nov 2;73(6):367-74. Available at <https://www.tandfonline.com/doi/abs/10.1080/19338244.2017.1371106>
- [8] Moroe N, Mabaso P. Quantifying traffic noise pollution levels: a cross-sectional survey in South Africa. *Scientific Reports* 2022 Mar 2;12(1):3454. Available at <https://www.nature.com/articles/s41598-022-07145-z>
- [9] Mediastika CE, Sudarsono AS, Utami SS, Fitri I, Drastiani R, Winandari MI, Rahman A, Kusno A, Mustika NW, Mberu YB. The sound of Indonesian cities. In *INTER-NOISE and NOISE-CON Congress and Conference Proceedings 2020 Oct 12 (Vol. 261, No. 4, pp. 1998-2004)*. Institute of Noise Control Engineering. Available at <https://www.ingentaconnect.com/contentone/ince/incecp/2020/00000261/00000004/art00002>
- [10] Singh N, Davar SC. Noise pollution-sources, effects and control. *Journal of Human Ecology* 2004 Nov 1;16(3):181-7. Available at <https://doi.org/10.1080/09709274.2004.11905735>
- [11] Mehdi MR, Kim M, Seong JC, Arsalan MH. Spatio-temporal patterns of road traffic noise pollution in Karachi, Pakistan. *Environment International* 2011 Jan 1;37(1):97-104. Available at <https://doi.org/10.1016/j.envint.2010.08.003>
- [12] Chauhan R, Shrestha A, Khanal D. Noise pollution and effectiveness of policy interventions for its control in Kathmandu, Nepal. *Environmental Science and Pollution Research* 2021 Jul;28:35678-89. Available at <https://doi.org/10.1007/s11356-021-13236-7>

- [13] Munir S, Khan S, Nazneen S, Ahmad SS. Temporal and seasonal variations of noise pollution in urban zones: a case study in Pakistan. *Environmental Science and Pollution Research* 2021 Jun;28:29581-9. Available at <https://doi.org/10.1007/s11356-021-12738-8>
- [14] Usikalu MR, Kolawole O. Assessment of noise pollution in selected locations in Ota, Nigeria. *International Journal of Mechanical Engineering and Technology* 2018;9(9):1212-8. Available at <https://core.ac.uk/download/pdf/162043899.pdf>
- [15] Basner M, Babisch W, Davis A, Brink M, Clark C, Janssen S, Stansfeld S. Auditory and non-auditory effects of noise on health. *The Lancet* 2014 Apr 12;383(9925):1325-32. Available at [https://doi.org/10.1016/S0140-6736\(13\)61613-X](https://doi.org/10.1016/S0140-6736(13)61613-X)
- [16] Van Kamp I, Schreckenberg D, van Kempen EE, Basner M, Brown AL, Clark C, Houthuijs DJ, Dam-Deisz WD, van Beek AJ, Janssen-Stelder BM. Study on methodology to perform an environmental noise and health assessment-a guidance document for local authorities in Europe; 2018. Available at <https://rivm.openrepository.com/handle/10029/622276>
- [17] Houthuijs D, Swart W, van Kempen E. Implications of environmental noise on health and wellbeing in Europe. *Eionet Report, ETC/ACM*; 2018.
- [18] Van Kamp I, Davies H. Environmental noise and mental health: Five year review and future directions. In *Proceedings of the 9th International Congress on Noise as a Public Health Problem*; 2008 Jul 21. Mashantucket-Connecticut USA.
- [19] Clark C, Paunovic K. WHO environmental noise guidelines for the European region: a systematic review on environmental noise and quality of life, wellbeing and mental health. *International Journal Of Environmental Research And Public Health* 2018 Nov;15(11):2400. Available at <https://www.mdpi.com/1660-4601/15/11/2400>
- [20] Clark C, Crumpler C, Notley H. Evidence for environmental noise effects on health for the United Kingdom policy context: a systematic review of the effects of environmental noise on mental health, wellbeing, quality of life, cancer, dementia, birth, reproductive outcomes, and cognition. *International Journal Of Environmental Research And Public Health* 2020 Jan;17(2):393. Available at <https://www.mdpi.com/1660-4601/15/11/2400>
- [21] Dzhambov A, Tilov B, Markevych I, Dimitrova D. Residential road traffic noise and general mental health in youth: The role of noise annoyance, neighborhood restorative quality, physical activity, and social cohesion as potential mediators. *Environment International* 2017 Dec 1;109:1-9. Available at <https://doi.org/10.1016/j.envint.2017.09.009>
- [22] Li A, Martino E, Mansour A, Bentley R. Environmental Noise Exposure and Mental Health: Evidence From a Population-Based Longitudinal Study. *American Journal Of Preventive Medicine* 2022 Aug 1;63(2):e39-48. Available at <https://doi.org/10.1016/j.amepre.2022.02.020>
- [23] Scarpa A, Raine A. Psychophysiology of anger and violent behavior. *Psychiatric Clinics of North America* 1997; 20(2), 375-394. Available at [https://doi.org/10.1016/S0193-953X\(05\)70318-X](https://doi.org/10.1016/S0193-953X(05)70318-X)
- [24] Wyckoff JP. Aggression and emotion: Anger, not general negative affect, predicts desire to aggress. *Personality and Individual Differences* 2016; 101, 220-226. Available at <https://doi.org/10.1016/j.paid.2016.06.001>
- [25] Carr S, Francis M, Rivlin LG, Stone AM. *Public space*. Cambridge University Press; 1992.
- [26] Keputusan Menteri Negara Lingkungan Hidup, KEPMENLH No. 48/1996 tentang Baku Tingkat Kebisingan; 1996. Available at https://ditppu.menlhk.go.id/portal/uploads/laporan/1593658749_KEPMEN%20LH_48-1996.pdf
- [27] Berkowitz L. *Aggression: Its causes, consequences, and control*. McGraw-Hill Book Company; 1993.

- [28] Colombijn F. Toooot! Vrooom! The urban soundscape in Indonesia. *Sojourn: Journal of Social Issues in Southeast Asia* 2007; 22(2), 255–272. Available at <https://muse.jhu.edu/pub/70/article/223562/summary>
- [29] Oktaviastuti B. Urgensi pengendalian kendaraan bermotor di Indonesia. *Rekayasa: Jurnal Teknik Sipil* 2017; 2(1), 5-8. Available at http://ejournal.unira.ac.id/index.php/jurnal_rekayasa_teknik_sipil/article/view/188/150
- [30] Pangestu W, Widodo AW, Rahayudi B. Prediksi Jumlah Kendaraan Bermotor di Indonesia Menggunakan Metode Average-Based Fuzzy Time Series Models. *Jurnal Pengembangan Teknologi Informasi dan Ilmu Komputer* 2018; e-ISSN, 2548: 964X. Available at <https://j-ptiik.ub.ac.id/index.php/j-ptiik/article/view/2475/919>
- [31] Mediatika CE, Sudarsono AS, Utami SS, Fitri I, Drastiani R, Winandari MI, Rahman A, Kusno A, Mustika NW, Mberu YB, Yanti RJ, Rachman ZA. The eventful environment that characterises Indonesia's urban soundscape. In *INTER-NOISE and NOISE-CON Congress and Conference Proceedings 2023, February (Vol. 265, No. 5, pp. 2756-2766)*. Institute of Noise Control Engineering. Available at <https://www.ingentaconnect.com/contentone/ince/incecp/2023/00000265/00000005/art00088>
- [32] *Statistik Kriminal 2022*, Badan Pusat Statistik; 2022. Available at <https://www.bps.go.id/publication/2022/11/30/4022d3351bf3a05aa6198065/statistik-kriminal-2022.html>
- [33] Kusumo VK, Junia ILR, Prianto Y, Ruchimat T. Pengaruh UU ITE Terhadap Kebebasan Bereksresi Di Media Sosial. *Prosiding SENAPENMAS 2021*; 1069-1078. Available at <https://journal.untar.ac.id/index.php/PSENAPENMAS/article/view/15141>