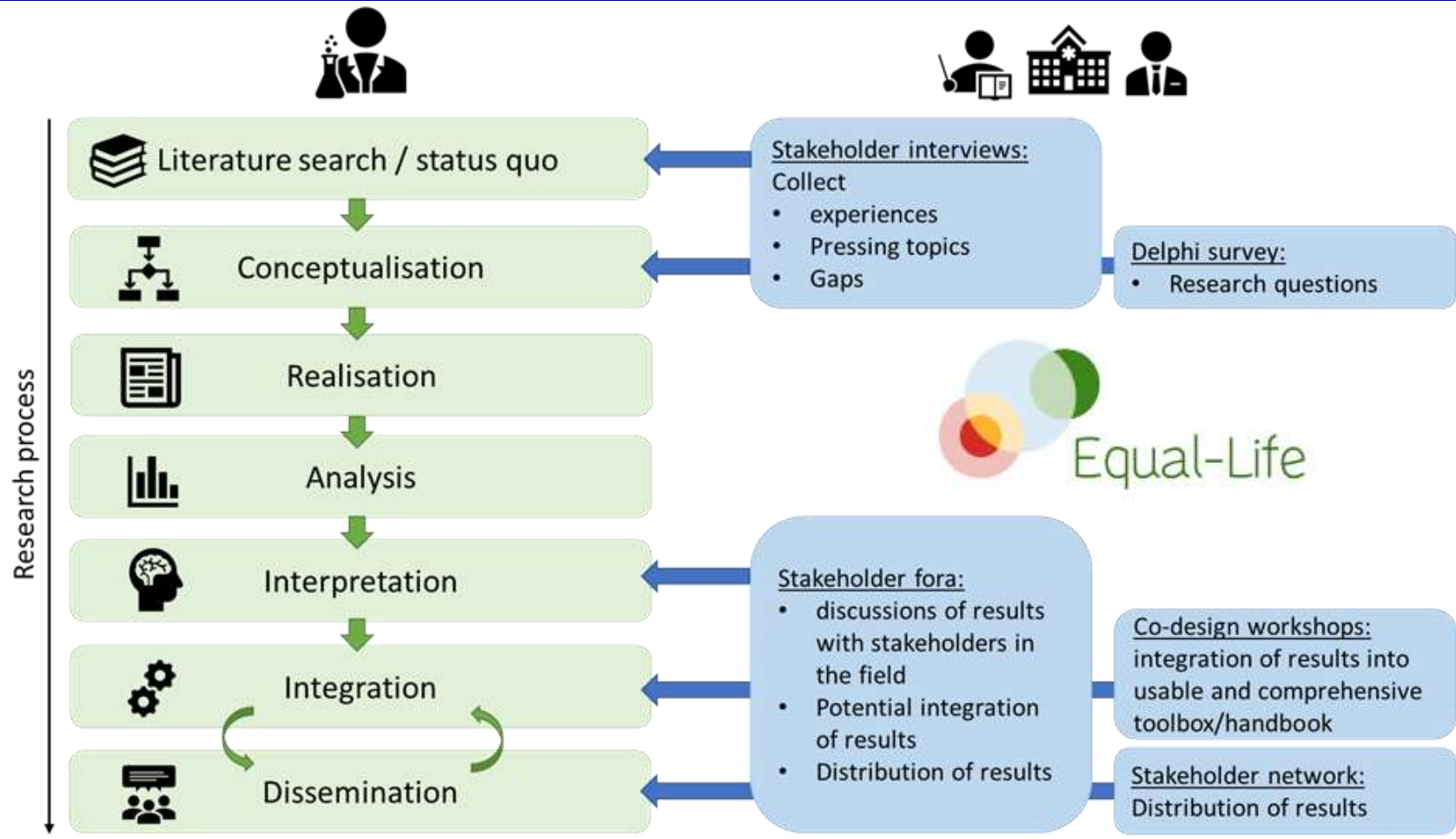


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## INTRODUCTION

In the European exposome research project Equal-Life various physical and social environmental influences on children's and adolescents' mental health and cognitive development are studied.<sup>1</sup> Stakeholder involvement is a central element of the project to integrate practical perspectives from relevant fields, levels and positions in order to derive meaningful output for interventions and policies based on the project results.

## METHOD

Figure 1 shows steps in research process and the integration of stakeholder involvement in the Equal-Life project:

**Stakeholder interviews:** Collection of practical perspectives, experiences, relevant topics and gaps.

**Delphi survey:** Iterative method to discuss and adjust research questions, take into consideration the practical input from stakeholders.

**Stakeholder fora:** Creating space to discuss project results and to reach out for feedback.

**Co-design workshops:** Small group meetings to condense practical solutions with stakeholders in relevant fields.

**Stakeholder network:** Valuable instrument of support to distribute results, create exchange between stakeholders and different domains, with the aim to develop meaningful interventions and policies.

Figure 1: Steps in research process and the integration of stakeholder involvement in the Equal-Life project.

References:  
<sup>1</sup> van Kamp I, Persson Wayne K, Kanninen K et al. Early environmental quality and life-course mental health effects: The Equal-Life Project. Environmental Epidemiology 2021;6(1):e183. DOI: 10.097/EE9.0000000000000183.



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